

# BELLAIRE

## AT STONE PORT



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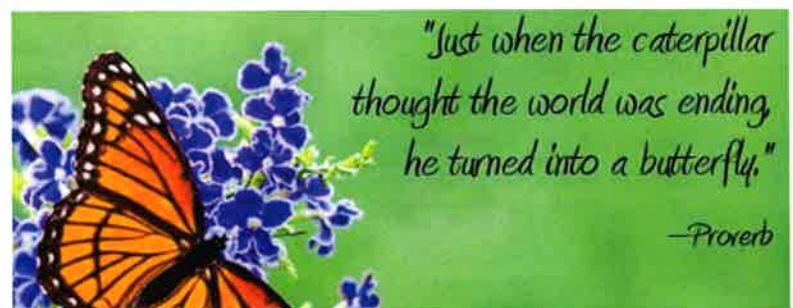
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April 2017



The old saying is, "Time sure flies when you are having fun," and boy is that true! It's so hard to believe that we are celebrating Bellaire at Stone Port's one year anniversary on March 25th. This has been a year full of adventure and new beginnings. The staff of Bellaire at Stone Port would like to extend a special thank you to the community who has welcomed us with open arms. We consider it an honor and a blessing to serve you every day. We look ahead to the coming year with anticipation and excitement and cannot wait to see what the future holds.



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### **Bellaire's Staff Member of the Month!**

Sacrifice and honor were ingrained in Caroline Renay Michael at an early age. Her dad served in the Army and Renay realized that she wanted to be just like her mom, who was a nurse. She is the oldest of five children and she has lived in many parts of the world, including Hawaii.

There is only one thing that Renay loves more than being a CNA and serving the residents of Bellaire: her children. She has three sons and one daughter as well as five grandchildren. Two children followed in the family tradition of serving our country. Her son Michael served in the Coast Guard and son Matthew did three tours in Iraq and Afghanistan. Her other children, Andrew and Sarah, are musically gifted. Renay also has a King Charles Bighon, Nola Cove, who brings her tremendous joy!

Renay leads a busy life as a soccer mom but in her spare time, she loves to travel and antiquing. You will also see her cheering her beloved Redskins on in football season.



### **Bellaire's Resident of the Month!**

Some people just light up a room when they enter. Our resident of the month is no exception! Bernice Lyman is a sweet, fun loving lady who brings joy to everyone she meets.

Bernice was born in Tennessee as one of four children in a Baptist family. She loved playing basketball in high school and holds records to this day at Bledsoe County High School. She was married in 1962 to her sweetheart, Edward, and they have three children. She loved working as the Director of Volunteer Services, as well as a patient advocate at Augusta Medical Center.

Her husband, Edward, said some of their fondest memories were taking a cruise every year and going on adventures with bus trips across the county.



### **Logic Problem**

Bryan and his sisters, Cassie and Monica, were coloring eggs. They each used a different color to dye their eggs: blue, red and purple. Use the clues below to figure out the color of each sibling's egg.

1. Bryan almost chose blue, but he decided to mix it with another color to get the color he wanted.
2. Cassie's favorite color is a primary color.
3. Monica had a hard time choosing between red and purple, but she finally chose just one color for her egg.

*Answer: Bryan: purple; Cassie: blue; Monica: red*

### **An Easter Promise**

*The angel said to the women, "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay." — Matthew 28:5-6 (NIV)*

### **Happy Passover!**

We wish you all a blessed and joyous festival!



### Bellaire Beauties & Barber Shop

Meet Carol Homa. She is Bellaire's beautician. Carole will be here on Wednesdays for haircuts, perms, and color. Thursdays she will do shampoos and sets. For an appointment please call Carol at 540-843-4231.

### Salon Hours

Wednesday ..... 8:00-5:00  
 Thursday ..... 8:00-5:00

### Salon Pricing Guild

Haircut \$15.00  
 Wash & Set \$18.00  
 Color \$45.00  
 Perm \$50.00  
 Beard & Mustache Trim \$10.00  
 Cut, wash, blow dry, set \$25.00



### Dates to Remember in April

4/6 Open House  
 4/9 Palm Sunday  
 4/19 Easter Sunday



### Hearing at Home, Mobile Hearing Center

Michael Combs and Jimmy Stewart, founders of Hearing at Home, are passionate about offering the highest level of care, while keeping it affordable for everyone.

Hearing at Home will be at Bellaire at Stone Port the first Monday of each month at 1p.m.

They will clean your hearing aid for FREE, and do a Free hearing evaluation.

Hearing at Home saves you money, while verifying hearing aid performance in the best possible setting, your everyday listening environment.



### Bellaire Birthdays!

04/01 Jack H.  
 04/13 Marjorie L.  
 04/14 Libby L.  
 04/20 Mary P.  
 04/27 Bernice L.  
 04/28 Margaret H.

### 11 Signs of Dementia

- \*Confusion
- \*Memory loss
- \*Staring
- \*Poor judgment
- \*Problems with visual perception
- \*Personality or mood changes
- \*Impaired motor function
- \*Communication difficulties
- \*Inability to read social clues
- \*Disorientation to time and place
- \*Inability to follow directions

### THE FORGETTING

**EARLY STAGE:** Carrying and understanding a conversation. Plan common tasks like dinner. Navigate through familiar surroundings without help. Recognize familiar people and places. Holding information in head long enough to reason and rationalize. Explain away strange behaviors. Read and write.

**MIDDLE STAGE:** Remember things that happened long ago. Recognize people from early in life. Recognize own face. Understand short phrases. Read and understand singular words. Make simple interpretation of sensory experience. Mimic simple actions. Walk and move without difficulty. Make simple yes/no, either/or decisions.

**LATE STAGE:** Interpret and use basic body language. Enjoy sounds, tastes, smells, sights and touch.

