



**B**ELLAIRE  
AT STONE PORT



1684 Port Hills Drive • Harrisonburg, VA 22801 • (540) 246-0888

**September 2019**



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**A Look Ahead**

August was a month to remember here at Bellaire, residents are still talking about our mini-golf tournament and Glamorous Grannies weeks later, but it's time to start looking forward to September which will be another month to remember here at Bellaire. Residents can look forward to many fun fall themed activities as well as our regular staples. We will be getting crafty for several apple themed crafts; we'll be hitting the road for trips to some favorite local restaurants, we'll be taking in several acclaimed films and new this month is a trip to several local thrift stores. In Memory Care we will be having themed Happy Hours, hitting the road for some delicious meals out, celebrating National Coconut Day, and of course enjoying music from some of our favorite musicians.



## Associate of the Month



Jhoanna Miller is our Associate of the Month. She is known for her gigantic smile and willingness to lend a hand no matter how difficult the task, she has even taken on additional responsibilities as our new Dining Concierge! One of Jhoanna's hobbies is participating in local and regional heritage festivals, she brings a great deal of diversity to our community. When you see Jhoanna at the front desk or in the dining room please take a moment to congratulate her on being our Associate of the Month!

## Resident of the Month



Ida Showker is our resident of the month. She was born in Waynesboro and has spent her entire life in the valley. She married her husband Skip and together they had three daughters and one son. They ran several retail businesses including a bridal shop. One of Ida's favorite parts of running the bridal shop was putting on fashion shows to show off the shop's wares. For fun Ida and Skip enjoyed attending parties and dancing. These days Ida enjoys shopping, pizza, Coca Cola, coffee, reading the paper and of course a good glass of wine.

## Photo Highlights





### Assisted Living Activity Highlights

- 8/3 Resident Council
- 8/4 Red Lobster Outing
- 8/5 Inspirational Music
- 8/8 From Our Hearts Music
- 8/9 Chair Yoga with Miranda
- 8/11 Thrift Shopping Outing
- 8/12 Apple Chalkboard Craft
- 8/17 Movie with Courtney
- 8/18 Vito's Italian Outing
- 8/18 Davis Bradley Music
- 8/19 Wrap a Llama Craft
- 8/20 Megan Young Violin
- 8/25 Walmart Outing
- 8/26 Pancake Bar
- 8/26 Fall Watercolor Painting
- 8/27 Happy Hour with Kimball
- 8/30 Wheel Chair Wash

### Bellaire Beauties & Barbershop

Hours of operation are 8am to 5pm. For an appointment or more information, please call Carole Homa at 540-843-4231.



### Salon Pricing Guide

Haircut	\$15.00
Wash & Set	\$18.00
Color	\$45.00
Perm	\$50.00
Beard & Mustache Trim	\$10.00
Cut, wash, blow dry, set	\$25.00

### Welcome New Associates!

Miranda Cummings, RN	DHW
Lauren Hulvey	DCA
Alyssa Donahue	AA
Tammy Gibson	RMA
Shaa'ira Durham	DDS
Kacie Shifflet	AA
Shantell Tinsley	DCA
Courtlyn Gaither	DCA
Alexa Monroe	RMA
Elisa Avina	DCA
Sirrah Minker	DCA
Shenna Dove	DCA
Alisha McCoy	DCA



### Memory Care Activity Highlights

- 8/2 Vito's Italian Outing
- 8/2 Coconut Day
- 8/5 Church and Music
- 8/6 Happy Hour with Kimball
- 8/8 From Our Hearts Music
- 8/9 Music with Frank
- 8/10 Watercolor Painting
- 8/12 Noodle Ball
- 8/13 Hershey Taste Testing
- 8/16 Red Lobster Outing
- 8/16 Guacamole Day
- 8/18 Davis Bradley Music
- 8/20 National Punch Day
- 8/20 Megan Young Violin
- 8/22 Mt. Zion Bible Church
- 8/23 Music with Frank
- 8/27 Johnny Applesed Day



# Word Search

Category: Six-Letter Birds and Animals

Y E K N O M C O N D O R	1. Cuckoo
K R E H P O G A P G M M	2. _____
F E R R E T D A N H X T	3. _____
T R E N I M R E G A I X	4. _____
Y P A B J R D D H B R C	5. _____
U I C G O D L F B C A Y	6. _____
R G A T U A S A S E U W	7. _____
E E P K K O R S D T G E	8. _____
V O L C <u>C U C K O O</u> A A	9. _____
A N A U D O N K E Y J S	10. _____
E J X K T O L E C O X E	11. _____
B A D G E R E G O C C L	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

**Word Search Solution:**

1. Alpaca	11. Ferret
2. Badger	12. Gopher
3. Beaver	13. Jackal
4. Canary	14. Jaguar
5. Condor	15. Monkey
6. Cougar	16. Ocelot
7. Coyote	17. Parrot
8. Cuckoo	18. Pigeon
9. Donkey	19. Rabbit
10. Ermine	20. Weasel

## "This Month In History" SEPTEMBER

**1928:** By accident, Scottish scientist Alexander Fleming discovers penicillin, the world's first antibiotic.

**1930:** American Bobby Jones becomes the first to achieve the Grand Slam of golf by winning the year's four major championships.

**1955:** Little Richard records what will be his first major hit, "Tutti Frutti." Loud and with a driving beat, the song is hailed as pioneering the rock 'n' roll sound.

**1970:** A groundbreaking sitcom at the time, "The Mary Tyler Moore Show" premieres.

**1987:** New York City's Rockefeller Center is declared a National Historic Landmark.

**1998:** A new federal law mandates that all automobiles sold in the U.S. must be equipped with air bags.

**2002:** Kelly Clarkson is named the first "American Idol" for the inaugural season of the TV singing competition. Clarkson has gone on to top the music charts and win several Grammy Awards.

**2011:** After 41 years, the daytime TV soap opera "All My Children" airs its final episode.