

# BELLAIRE AT STONE PORT



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August 2018



Hello, Everyone! My name is Amber Brown and I am your new Director of Activities. I am beyond excited to be a part of this amazing Bellaire Family! I am originally from Delhi, New York and currently reside in Mount Crawford, VA.

I graduated with my Bachelor's Degree in Recreational Therapy from the State University of New York at Cortland in 2016. I became a Certified Therapeutic Recreational Specialist in 2017. I have been in the Recreation Therapy field for about 2 years and in a Director's position for a year and a half.

When I am not working here, you can often find me on my family's dairy farm, riding horses, with friends, or visiting my family in New York. I am very excited to work with each of you and getting to know everyone here at Bellaire!!

## Resident of the Month



Robin Brannigan was born and raised in Chatham, NJ. She attended the Pennsylvania School of Horticulture for Women, where she learned the ins and outs of farming. Robin met her husband while at school and after graduating with her two year degree in agriculture, they were hitched in July of 1954. Robin spent many years traveling with her husband for his work. She now has 3 sons, all married, 6 grandchildren, 4 great-grandchildren, and 1 great-great-grandchild! In her spare time Robin enjoys reading, as well as writing letters to her friends. She also enjoys socializing and traveling.

Robin enjoys the scenery of the Shenandoah Valley and Blue Ridge Mountains. She enjoys the people and the community! We are please to have you as a part of our Bellaire Family Robin!

## Resident Spotlight



Alice is an amazing employee that has been a faithful Bellaire team member since January 2018. She is always one that you can count on, whether it be making phone calls, welcoming new residents, or scheduling appointments for residents.

The residents, as well as her fellow associates, love her bubbly personality, and infectious smile. There isn't anything that she can't do, and if she doesn't know how to do something, she is known to figure it out!

We appreciate everything you do! Thank you for being you!

## Laugh Lines: Fowl Play

- What happens to a duck when he flies upside down? He quacks up.
- Did you hear the one about the crow and the telephone pole? He wanted to make a long-distance caw.
- Why does a chicken coop have only two doors? If it had four, it would be a sedan.
- Why do hummingbirds hum? Because they don't know the words.
- What kind of math do owls like? Owl-gebra.
- What birds are found in Portugal? Portu-geese.
- Why did Mozart sell his chickens? Because they kept screeching, "Bach, Bach!"
- What do you call a sad bird? A bluebird.
- What is black and white and goes around and around? A penguin rolling down a hill.
- What kind of bird works at a construction site? The crane.
- A pigeon was pacing anxiously in Central Park, waiting for another pigeon to arrive. When he finally saw his friend, he asked, "Where have you been? I've been waiting here for hours!" The new arrival looked around him and said, "It was such a nice day, I said to myself, 'I think I'll walk!'"



## Bellaire Beauties & Barbershop

Hours of operation are 8am to 5pm. For an appointment or more information, please call Carole Homa at 540-843-4231.



### Salon Pricing Guide

Haircut	\$15.00
Wash & Set	\$18.00
Color	\$45.00
Perm	\$50.00
Beard & Mustache Trim	\$10.00
Cut, wash, blow dry, set	\$25.00

## August Highlights

08/07 Resident & Food Council  
08/15 Lunch Outing  
08/22 Davis Bradley  
08/29 Scenic Drive  
08/30 Ice Cream Social



## Wit & Wisdom

"Play is the exultation of the possible."

—Martin Buber

"Work hard, play hard, dream big, love loads, laugh as much as you can, and give back."

—Deirdre O'Kane

"Play keeps us vital and alive. It gives us an enthusiasm for life that is irreplaceable. Without it, life just doesn't taste good."

—Lucia Capacchione

"Play is hard to maintain as you get older. You get less playful. You shouldn't, of course."

—Richard Feynman

"It is a happy talent to know how to play."

—Ralph Waldo Emerson

"We are never more fully alive, more completely ourselves, or more deeply engrossed in anything than when we are playing."

—Charles Schaefer

"Play energizes us and enlivens us. It eases our burdens.

It renews our natural sense of optimism and opens us up to new possibilities."

—Stuart Brown

"The supreme accomplishment is to blur the line between work and play."

—Arnold J. Toynbee



### August Birthdays!!

08/06 Toby Propst  
08/12 Richard Hollomon  
08/20 Vada Miller  
08/21 Harold Elray Hanks  
08/24 Martha Chisler  
08/24 Maxine Heneberger

## Summertime Sips

This summer, relax and unwind by enjoying an Arnold Palmer, the refreshing beverage created and loved by its legendary namesake. According to the golf great himself, he got the idea one day at lunch to add lemonade to his wife's batch of iced tea, and he experimented until he found the perfect ratio: 2 parts iced tea to 1 part lemonade. Palmer began carrying a thermos of the concoction on courses and ordering the mixed beverage in restaurants, and the drink was eventually named after him.



## School Tools

Pencils, pens, paper and paint—students use these items and more in school. Study this list to see when some school supplies were newcomers to the classroom.

Years	School Supplies
1850s	Prang watercolor sets
1900s	Crayola crayons
1940s	Pee-Chee pocket folders
1950s	Metal lunchboxes featuring characters
1960s	Spiral notebooks
1970s	Pocket calculators
1980s	Trapper Keeper binders
2000s	Laptop computers
2010s	Tablet computers

## "This Month In History"

### AUGUST

**1909:** The U.S. military enters the aviation age when the Army purchases its first airplane, the Wright Military Flyer, built by the Wright brothers.

**1910:** Chicago engineer Alva J. Fisher receives a patent for his electric motor-powered washing machine. The washer was sold under the brand name Thor.

**1939:** Business tycoon and pilot Howard Hughes receives the

Congressional Gold Medal for "advancing the science of aviation."

**1942:** The Battle of Guadalcanal begins. It was the first major Allied offensive in the Pacific during World War II.

**1957:** With teens dancing to the day's hit music, "American Bandstand," hosted by Dick Clark, starts broadcasting nationwide.

**1962:** Spider-Man makes his debut in the comic book "Amazing Fantasy" issue No. 15, published by Marvel Comics.

**1970:** Introduced by Neil Diamond at a club in Hollywood, singer Elton John performs his first show in the U.S.

**1981:** The IBM Personal Computer goes on sale with a price tag of \$1,565.

**1993:** Parisian officials welcome the 150 millionth visitor to the Eiffel Tower since it opened in 1889.

**2001:** Astronomers announce the discovery of the first solar system outside our own when they identify two planets orbiting a star in the Big Dipper constellation.

**2008:** China's capital city of Beijing hosts the Summer Olympic Games.

**2017:** In a rare coast-to-coast total solar eclipse, the moon's shadow sweeps across 14 U.S. states.