

BELLAIRE

AT STONE PORT



1684 Port Hills Drive • Harrisonburg, VA 22801 • (540) 246-0888



Executive Director

Michael Parrott

ed@bellaireatstoneport.com

Director of Health and Wellness

Sherry Jenkins

drc@bellaireatstoneport.com

Memory Care Director

dmc@bellaireatstoneport.com

Activities Director

Ginger Rowe

Activities@bellaireatstoneport.com

Director of Environmental Services

Randall Campbell

maintenance@bellaireatstoneport.com

Director of Dining Services

Bobby Siever

fsd@bellaireatstoneport.com

Marketing Director

Stanford Moats

marketing@bellaireatstoneport.com

Business Office Manager

Karen Bourne

bom@bellaireatstoneport.com

May 2018



Bellaire Family Night

Save the date! Bellaire family night, May 31st, at 5:30p.m. Come make memories with your loved one while enjoying entertainment and hors d'oeuvres. Please RSVP by May 28th 540-246-0888. We look forward to seeing you there.



Maternal Blooms

Native to Tanzania and Kenya, African violets have been brightening windowsills in America since they were brought here in the 1890s. Marked by fuzzy green leaves and delicate flowers in a variety of hues, these cheerful plants thrive indoors. African violets are also easy to propagate, and one mother plant may yield dozens of offspring.



LIKE US ON

facebook



Bellaire's Staff Member of the Month!

Lisa Shifflett was born and raised in Shenandoah, where she currently lives with her soul mate of 23 years, Frank, and their two amazing daughters, Alexis and Skyler.

She graduated from Page County High School and attended Blue Ridge Community College, where she received a certificate as a Certified Nurses Assistant and as a Veterinarian Technician. Serving others is a true passion of Lisa's. She started as a CNA at Bellaire and transferred to housekeeping. Interacting one-on-one with the residents has brought her true joy. Lisa feels the residents are like her extended family.

Camping, reading a good book, spending time with her family and caring for her animals are some of the things that keep Lisa busy in her spare time. Did I mention she has 9 dogs and 2 cats?

We are delighted to have you as a valuable part of our Bellaire team!



Bellaire's Resident of the Month!

Helen Kalkan was born June 9, 1921 in Endicott, New York. She graduated from nursing school and was an RN at Long Island College Hospital before marrying Richard Kalkan in January 1944. Together they opened Kalkan's Variety Store in Newark Valley, NY. At the age of 49, Helen went back into the nursing field and retired at the age of 64.

Helen had 3 children and today has 8 grandchildren and 14 great-grandchildren. Longing to be near her family, Helen moved to Virginia. In her spare time, she enjoys visiting with friends, quilting and, at one point, she taught Sunday school.

We are so blessed to have you as part of the Bellaire family!



The Tomb of the Unknowns

Among the nation's many Memorial Day observances will be the annual wreath-laying ceremony at the Tomb of the Unknowns. The monument overlooking Washington, D.C., is considered the most hallowed resting place at Arlington National Cemetery.

In 1921, Congress approved the burial of one unknown serviceman from World War I in a tomb at the cemetery's new Memorial Amphitheater. Just over a decade later, the white marble sarcophagus that sits atop the tomb was completed. The face of each side is adorned with engravings, including wreaths and the Greek figures representing Peace, Victory and Valor. Over the years, unknown soldiers from World War II, the Korean War and Vietnam War were also interred.

Since 1937, the tomb has been guarded around the clock by soldiers of the Army's elite 3rd U.S. Infantry Regiment. In a measured pace, a lone sentinel walks 21 steps back and forth in front of the tomb. The number symbolizes one of the highest military honors, the 21-gun salute.



Bellaire Beauties & Barbershop

Hours of operation are 8am to 5pm. For an appointment or more information, please call Carole Homa at 540-843-4231.



Salon Pricing Guide

| | |
|--------------------------|---------|
| Haircut | \$15.00 |
| Wash & Set | \$18.00 |
| Color | \$45.00 |
| Perm | \$50.00 |
| Beard & Mustache Trim | \$10.00 |
| Cut, wash, blow dry, set | \$25.00 |

Famous Faces Born in May

- May 3, 1970: Bobby Cannavale
- May 6, 1953: Lynn Whitfield
- May 10, 1933: Barbara Taylor Bradford
- May 12, 1928: Burt Bacharach
- May 16, 1966: Janet Jackson
- May 25, 1994: Aly Raisman
- May 27, 1915: Herman Wouk
- May 30, 2000: Jared Gilmore



Nail Salon

If you're in the mood for a splash of color or a manicure, stop by and visit Carolyn Hardy. Carolyn is Bellaire's nail technician. She is in every Thursday. Her hours vary. For an appointment call 540-820-9902.

Happy Pentecost

To our residents celebrating Pentecost, may your spirits be blessed on this special day.



May Birthdays

| | |
|-------|---------------|
| 05/10 | Julia Merica |
| 05/20 | Ida Showker |
| 05/24 | Joretta Hanks |
| 05/28 | Sandra Morgan |
| 05/29 | Franklin Good |

Happy Shavuot

Many blessings to our residents who are celebrating Shavuot.

May Events



Meet Gabby

Please stop by the Bistro and visit with Gabby for our 10 a.m. Dear Gabby column!

Happy Hour

Join us for Happy Hour every Friday at 2p.m. in the Bistro.

Church Service

Come join your loved ones and Pastor Bob Silling with Mt. Zion Bible Church for Sunday morning service at 9:30a.m.

Bingo

Did someone say B13? Bingo every Monday, Wednesday and Friday at 3p.m.

Mother's Day Tea

Join us for tea at 2 on Friday, May 11th! Please RSVP by May 8th, 540-246-0888.

Celebrating Moms Everywhere

HAPPY Mother's Day

Word Search

Category: Four-Letter Animals

D G Y M I B E X H X J L
 F R C U G H C T K C H A
 G G E L C B O A R V N M
 C G K E G A L C A Q C B
 L O G G D X T N E W T H
 Y R H H M C G Q B D C G
 N F C O P V H P E R A H
 X G L S H O C D U D L S
 D E D D J N N H G M F C
 G O A T K O S Y H H A V
 S H C C I Y D S F L O W
 A N V L C H M A R E D Z

1. Newt _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

Word Search Solutions:

1. Bear
2. Boar
3. Calf
4. Colt
5. Deer
6. Frog
7. Goat
8. Hare
9. IbeX
10. Lamb
11. Lion
12. Lynx
13. Mare
14. Mole
15. Mule
16. Newt
17. Pony
18. Puma
19. Toad
20. Wolf

